

FORZINITY[®] Care Guide

It's common to experience injection site reactions with FORZINITY. Knowing what to expect and how to care for them can help you feel more comfortable throughout treatment.

1

What are injection site reactions?

An injection site reaction is a change or irritation in the skin where you inject your medication. With FORZINITY, you may notice:

- Redness, itching, bruising, hives, bleeding, pain, or hard/raised skin

These reactions are usually **mild and manageable**. They tend to be more noticeable in the first few months of treatment and can happen on and off for weeks to months—however, they usually become less intense over time as your body adjusts.

If you notice any reactions after injecting FORZINITY, be sure to tell your doctor.

2

How can I lessen my chances of having a reaction at my injection site?

- Clean your skin with an alcohol wipe before injecting
- Gently pinch your skin, insert the needle at the recommended 90-degree angle, then let go of the pinched skin and inject slowly
- Pick a different injection spot each day—either on your stomach or the outer part of your thigh
- Avoid injecting in areas that are red, sore, bruised, hard, scarred; that have stretch marks; or where other medicines are injected

If you've had reactions at injection sites before, your doctor may suggest trying an antihistamine before taking FORZINITY.

IMPORTANT SAFETY INFORMATION

What is FORZINITY[®] used for?

FORZINITY is a prescription medicine used to improve muscle strength in adult and pediatric individuals living with Barth syndrome weighing at least 30 kg. The safety and effectiveness of FORZINITY have not been established in pediatric individuals weighing less than 30 kg.

The recommended dosage of FORZINITY in most affected individuals weighing at least 30 kg is 40 mg subcutaneously once daily. For individuals with reduced renal function, please have your doctor refer to the [Prescribing Information](#).

This indication is approved under accelerated approval based on an improvement in knee extensor muscle strength, an intermediate clinical endpoint. Continued approval for this indication may be contingent upon verification and description of clinical benefit in a confirmatory trial(s).

The risk information provided here is not comprehensive. To learn more, talk with your doctor and read the [full Prescribing Information](#).

Please see additional Important Safety Information on back and accompanying [Full Prescribing Information](#).

What should I do if I have a reaction after injecting FORZINITY?

- Talk to your doctor about management strategies; they may recommend a topical corticosteroid

Injection site reactions are **a common part of treatment** for most people. However, signs of an allergic reaction, such as difficulty breathing or swelling of the face, are not common and may need immediate medical attention. Always speak with your doctor if you experience any reactions.



Click to access step-by-step instructions for injecting FORZINITY. Using the right injection technique may help ease discomfort so you can stay on track with your FORZINITY injections.

IMPORTANT SAFETY INFORMATION (cont'd)

What should I tell my doctor before taking FORZINITY?

Before taking FORZINITY tell your doctor about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. You should also tell your doctor if you have or had:

- any allergies
- kidney problems

What are the possible side effects of FORZINITY?

- Injection site reactions: The most common side-effects or adverse reactions with FORZINITY are redness, swelling, pain, itching, bruising, or hives at the site of injection. These adverse reactions are referred to as injection site reactions.

- Allergic reactions. FORZINITY may cause allergic reactions, such as rash, small, raised skin bumps known as papular lesions, inflammation of the skin or eczematous dermatitis, as well as respiratory symptoms including cough. Stop using FORZINITY and get medical help right away if you develop any of the following symptoms of a severe allergic reaction:

- swelling of your face, lips, mouth, or tongue
- trouble breathing or airway constriction
- wheezing
- dizziness or fainting
- fast heartbeat or pounding in your chest
- sweating

These are NOT all of the possible side effects of FORZINITY.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Please see additional Important Safety Information on front and accompanying [Full Prescribing Information](#).